

BRISBANE STRIKERS SAP ACADEMY

In a relationship with FFA and Football Queensland, we are proud to announce the inclusion of the Brisbane Strikers Skills Acquisition Program (SAP) for 2014. The SAP is designed by the FFA and plays a pivotal role in the building blocks of player development. This phase is designed to develop the 'functional game skills' and technical ability to provide a foundation for the next phase of development.



The Skills Acquisition Phase focuses on 4 core skills:

1. FIRST TOUCH

Controlling the ball with all allowed body parts

2. STRIKING THE BALL

This includes all forms of striking the ball such as short/long passing; shooting and crossing

3. 1 V 1

All moves, feints and accelerations to get past and away from an opponent

4. RUNNING WITH THE BALL

At speed (with a lot of space) or 'dribbling' (in tight areas), this includes techniques for protecting the ball and changing direction.

These four core skills cover 95% of the actions of any outfield player when in possession of the ball during a game of football. The other 5% consists of actions such as heading and throw-ins.

BRISBANE STRIKERS SAP ACADEMY

U10 – U11 SAP BOYS ACADEMY

IDENTIFICATION DAYS

- Regions “Best”
 - U10/11 Boys
 - Monday/Wednesday nights
 - 4:30pm – 6:00pm
 - Meakin Park, Slacks Creek
 - Ext cost – SAP strip
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- Wednesday 19th and 26th March
 - Meakin Park, Slacks Creek
 - 5:00pm – 7:00pm
 - 24 players selected

U10 – U12 SAP GIRLS ACADEMY

IDENTIFICATION DAYS

- Regions “Best”
 - U10 – U12 Girls
 - Tuesday/Thursday nights
 - 5:00pm – 6:30pm
 - Wakerley Park, Runcorn
 - Ext cost - SAP strip
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- Monday 17th March
 - Souths United Football Club
 - Wakerley Park, Runcorn
 - 5:00pm – 7:00pm
 - 12 players selected

REGISTRATION

Please send through the following details for registration to the Identification Days:

Full name:

DOB:

Registered club:

Contact details (Phone and email):

Please send to Michael Angus at sdo@brisbanestrikers.com.au

Michael Angus

Skills Development Officer

Ph: 0422292901 Email: sdo@brisbanestrikers.com.au